

# Gorley Vale Riding Club Newsletter

## MAR 2019

Hi all,

Really sorry, just a brief newsletter this time, and it's actually April!! I'll try and do better next time!!

## Stuff we did...

### 7<sup>th</sup> March – GVRC Film night – Singalonga Mamma Mia!! £10

Well, our esteemed leader was going to write a bit about this but she's zipped off to Portugal for a relaxing week... so here's my little bit instead..

I love the Fordingbridge cinema, we go quite often as it is very close and you can take your G&T in to the screening with you! I got to the film night just in time to grab a glass of wine (Thanks Tina) and settle in to a seat. I'd never been to a singalong before and thought I could probably keep quiet however the words come up clearly along the bottom of the screen so there is no excuse for silence... I did try to keep it down as my singing is not of the best.

I think maybe we all should have had a couple more glasses of wine before the event as we certainly didn't blow the roof off but I think we all joined in and it was a fun evening. I had to zoom off after the film finished but everyone else stayed around in the brilliant art deco bar for another drink and a chat.

## Sunday 17th March Indoor Natural Horsemanship clinic with Tash Daszykowski

Feedback on this one from Marie –

Suzanne and I attended the Natural Horsemanship clinic at Folds Farm

We both found it so informative and Tash was very good at explaining how to apply the techniques being taught. I have only ridden traditional English style so this was new and different, I loved how we did the groundwork first to get ourselves and the horses in the right frame of mind to do the ridden work.

We learnt how to use our body language to communicate with the horse and how subtle changes make a lot of difference.

For the ridden work, I learnt how to use sliding my hand down the rein to get the horse to flex his neck and then to get the horse to move his hind quarters from a light leg aid, then to walk forward and then back up, which I had been doing completely wrong for 40+ years!

Over the 1.5 hour lesson, I felt I'd learnt and achieved so much and I came away very keen to learn more.

Thank you to all for arranging it was fantastic.

Marie

## Stuff that's happening...

7th April – Flat work clinic with Trudi at Folds Farm

## 28th April - Ride With Your Mind (RWYM) Clinic with Sally Ede

Folds Farm 10:00 until 15:00

Sally specialises in postural alignment which helps the rider to help the horse. For more information please see her website (link above and also <http://www.mary-wanless.com/index.html>)

You would have a 45-minute private lesson with Sally and you can choose in advance whether you want the Indoor or Outdoor school (same price)

If you have ridden with Sally before, you can choose flatwork or jumping. If this is your first RWYM session, you would need to book flatwork.

The EARLY BIRD cost for this clinic is £56.00.

This price is valid only until midnight on Sunday 31st March.

From 1st April onwards it will be advertised on NFED etc. at the full price.

Contact Caroline – [carolinewarwicksmith@outlook.com](mailto:carolinewarwicksmith@outlook.com)

## 8th May - ONLY 2 SPACES LEFT!!

GVRC coach trip to Windsor, there are only two tickets left for this, the entry is free... we have got the tickets for that, just need £10 towards the coach.

Please contact Jo at [jorudkin@yahoo.co.uk](mailto:jorudkin@yahoo.co.uk) to secure your place..

Times and pick-ups nearer the time

## 18th / 19 May – Jumping clinic at Folds Farm

More details in later newsletter

## 7 – 9th June Annual Smashing Fun Camp

This will be the usual weekend of fun, frolics, ponies and wine! Details later... Contact me [sunshine.gardens@yahoo.co.uk](mailto:sunshine.gardens@yahoo.co.uk) or Brenda [pootlin@hotmail.com](mailto:pootlin@hotmail.com) to book your place.

## 23rd June – Steve Halfpenny Clinic

Spectator places only left... contact Brenda to book in [pootlin@hotmail.com](mailto:pootlin@hotmail.com)

We will also be organizing a sponsored ride in aid of the new disabled toilet that The Royal Oak at Fritham is having built.... for general use, not just pub customers.. more info to follow

That's all folks...

Happy riding!

Tanya xx

[sunshine.gardens@yahoo.co.uk](mailto:sunshine.gardens@yahoo.co.uk)

*Bank details for payments below, please make sure you put appropriate reference:*

*Sort code: 30-97-08    Account no: 01404126*